



One-Step Cooking Sauces

Sukhi's cooking pastes combine the essential spices needed to reproduce authentic regional flavors of Indian curries. Add water, and yogurt, cream or coconut milk to these pastes to prepare a variety of Indian dishes in minutes.

Item	Description	Item Code	Case Size
Sukhi's Curry Paste	A base of tomatoes, onions, ginger, and garlic with a blend of exotic spices. Essential for making a variety of Indian curries.	11-101	2 X 5 lbs.
Sukhi's Kashmir Paste	A paste of fennel, whole cardamom and other Indian spices.	11-102	2 X 5 lbs.
Sukhi's Korma Paste	A blend of exotic spices, onions, and cashews originating from the Mughlai Empire. Add heavy cream and water.	11-103	2 X 5 lbs.
Sukhi's Madras Curry Paste	A sweet, tangy base made with curry leaves, whole red chillies, and mustard seeds. Combine with coconut milk to produce authentic South Indian curries.	11-104	2 X 5 lbs.
Sukhi's Tikka Masala Paste	A rich blend of tomatoes and exotic spices. Add heavy cream and water to reproduce the popular dishes of North India.	11-105	2 X 5 lbs.
Sukhi's Vindaloo Paste	A spicy, mouth-searing flavor from Coastal India that includes cinnamon, coriander and cayenne.	11-106	2 X 5 lbs.
Sukhi's Tandoori Marinade	Mix this marinade with yogurt and marinate meat overnight. Broil or barbeque to perfection.	11-107	1 X 4 lbs.

One-Step Spice Blends

Sukhi's spice blends simplify the time-honored art of roasting and blending complex varieties of Indian spices. Just infuse the spices with oil and add vegetables.

Item	Description	Item Code	Case Size
Sukhi's Channa Masala Spice Blend	A garbanzo bean blend versatile enough to be sprinkled over okra, eggplant, potatoes, and more.	11-108	6 X 1 lb.
Sukhi's Lucknow Masala Spice Blend	A mixture of exotic spices for everyday vegetables.	11-109	6 X 1 lb.
Sukhi's Madras Masala Spice Blend	Colorful and warm (like the city it was named after), this blend combined with sautéed onions gives any dish an unforgettably robust taste.	11-110	8 X 8 oz.
Sukhi's Dal Masala Spice Blend	The essential blend of spices for Indian lentils. Simply infuse in oil and add to boiled lentils.	11-111	6 X 1 lb.

Sukhi's Pullao Spice Blend	No Indian meal is complete without rice. Simply infuse pullao mix in oil and add to rice before steaming.	11-112	6 X 2 oz.
Sukhi's Garam Masala	A universal spice blend used for flavoring both meat and vegetable dishes.	11-113	6 X 1 lb.
Sukhi's Raita Spice Blend	Sprinkle over yogurt to make the cool, refreshing side dish, raita.	11-114	12 X 3.5 oz.
Sukhi's Bombay Masala Spice Blend	A flavorful blend of spices, perfect for eggplant and potatoes.	11-127	6 x 1 lb.
Sukhi's Pakora Spice Blend	Made from gram flour and spices, this mix makes preparing Indian fried tempura a zip!	11-115	2 x 5 lb.

Chutneys

India is famous for its spicy, tangy, and flavorful chutneys. Sukhi's chutneys are a great compliment to any meal. This selection is mostly shelf stable – just open and serve!

Item	Description	Item Code	Case Size
Sukhi's Mango Chutney	A sweet, authentic mango chutney.	11-116	1 X 4 lbs.
Sukhi's Tomato Chutney	A unique and flavorful chutney.	11-117	1 X 4 lbs.
Sukhi's Tamarind Chutney	A sweet, sour, and spicy chutney.	11-118	1 X 4 lbs.
Sukhi's Cilantro Chutney*	A zesty, vibrant, fresh chutney with great fusion applications.	11-315	1 X 4 lbs.
Sukhi's Mint Chutney*	Fresh mint chutney.	11-342	1 X 4 lbs.
Sukhi's Mango Pickle	A classic Indian pickle.	11-121	1 X 4 lbs.
Sukhi's Lime Pickle	A tangy lime relish; a great compliment.	11-122	1 X 4 lbs.

Prepared Dishes

Entrées and rice dishes are delivered in boilable bags. Simply heat them up in a steamer and they're ready for your hot bar, deli case or plated meal. Each bag is five pounds, enough for a sheet pan on the hot bar, minimizing spoils.

Item	Description	Item Code	Case Size
VEGAN			
Sukhi's Vegan Chili Chicken	An Indo-Asian recipe with red and green bell peppers in a tangy sauce. We've added our own unique twist: soy nuggets.	11-323	2 X 5 lbs.
Sukhi's Avial Curry	Mixed vegetables and legumes in coconut milk, sprinkled with cashews and spices.	11-392	2 X 5 lbs.
Sukhi's Lemon Rice	Authentic basmati rice flavored with lemon and Indian herbs and spices.	11-375	2 X 5 lbs.
Sukhi's Dal Saag	A healthy blend of lentils and spinach cooked with Indian spices.	11-303	2 X 5 lbs.
Sukhi's Rajma	"Indian chilli" of kidney beans tomato and Indian spices.	11-304	2 X 5 lbs.
Sukhi's Channa Masala	Sukhi's signature sweet and sour garbanzos.	11-305	2 X 5 lbs.
Sukhi's Madras Curry Vegetables	Mixed vegetables cooked in a South Indian sauce.	11-306	2 X 5 lbs.
Sukhi's Sambar	A classic South Indian lentil dish with mixed vegetables.	11-302	2 X 5 lbs.
Sukhi's Tofu Curry	Tofu and peas in a tomato curry flavored with Indian spices.	11-328	2 X 5 lbs.
Sukhi's Bengan Aloo	Eggplant and potatoes in a tamarind-flavored curry.	11-307	2 X 5 lbs.
Sukhi's Matar Aloo	Peas and potatoes in a tomato curry with Indian spices.	11-310	2 X 5 lbs.
Sukhi's Basmati Pulao	Aromatic basmati rice, infused with the flavors of our pulao spices.	11-348	2 X 5 lbs.
Sukhi's Lemon Rice	Aromatic basmati rice infused with lemon and Indian spices.	11-375	2 X 5 lbs.
Sukhi's Madras Potatoes	Hearty potatoes with our South Indian Madras Curry.	11-329	2 X 5 lbs.
VEGETARIAN			
Sukhi's Dal Makhani	A creamy blend of urad (black) lentils and Indian Spices.	11-301	2 X 5 lbs.
Sukhi's Saag Paneer	Spinach blended with Indian cheese, flavored with Indian spices.	11-321	2 X 5 lbs.
Sukhi's Matar Paneer	Peas and cheese in a tomato curry with Indian spices.	11-312	2 X 5 lbs.
Sukhi's Mughlai Kofta Curry	Chickpea dumplings mixed with tender vegetables in a creamy cashew curry.	11-391	2 X 5 lbs.
CHICKEN			
Sukhi's Chicken Curry	Delicious chicken pieces cooked in a flavorful, classic combination of Indian herbs and spices.	11-313	2 X 5 lbs.
Sukhi's Chicken Tikka Masala	Tender chicken pieces in a rich and creamy tomato sauce of herbs and spices.	11-314	2 X 5 lbs.

Simmer Sauces

Simmer sauces are designated for your cooking convenience. Simply add proteins and vegetables. We will work with you on menu planning and setting schematics for the hot bar or plated meal program.

Item	Description	Item Code	Case Size
Sukhi's Palak (Saag)	Spinach with Indian spices: a nutritious and flavorful base for poultry, meat or tofu.	11-311	2 X 5 lbs.
Sukhi's Tikka Masala Sauce	A creamy tomato gravy for poultry, meat or tofu.	11-372	2 X 5 lbs.
Sukhi's Classic Curry Sauce	Classic North Indian tomato and onion gravy for poultry, meat, or tofu.	11-373	2 X 5 lbs.
Sukhi's Madras Curry Sauce	A gravy spiced with South Indian flavors including coconut and mustard seeds for poultry, meat, or tofu.	11-377	2 X 5 lbs.
Sukhi's Vindaloo Curry Sauce	A spicy, mouth-searing gravy from Coastal India flavored with cinnamon, coriander and cayenne.	11-378	2 X 5 lbs.
THAI FLAVORS			
Sukhi's Thai Red Curry Sauce	A creamy red curry sauce with coconut milk, lemongrass, shallots, kaffir lime, garlic and galangal.	11-385	2 X 5 lbs.
Sukhi's Thai Yellow Curry Sauce	A creamy yellow curry sauce with coconut milk, mustard seeds, shallots, lime juice, garlic and galangal. Contains shrimp paste.	11-386	2 X 5 lbs.
Sukhi's Thai Green Curry Sauce	A creamy green curry sauce with coconut milk, shallots, kaffir lime, garlic and galangal.	11-384	2 X 5 lbs.
Sukhi's Thai Massaman Curry Sauce	A creamy curry with coconut milk, lemongrass, garlic, and kaffir.	11-387	2 X 5 lbs.
Sukhi's Thai Panaeng Curry Sauce	A creamy curry with lemon grass, galangal, coconut milk, and basil.	11-388	2 X 5 lbs.

Breads & Appetizers

Sukhi's ready-to-eat appetizers are excellent for catering menus, special events or a la carte. With easy heating instructions, these frozen bites are guaranteed to keep customers coming back for more. Sukhi's exotic chutneys awaken the appetite and provide a zesty compliment to any appetizer, sandwich, or meal

Item	Description	Item Code	Case Size
Sukhi's Large Plain Naan	Traditional Indian flatbread, hand-stretched. Cut in wedges for six servings.	11-316	24 X 12 oz.
Sukhi's Small Plain Naan	Traditional Indian flatbread, hand-stretched.	11-339	12 x 16 oz.
Sukhi's Small Whole Wheat Naan	Traditional Indian flatbread, hand-stretched, made with organic whole wheat.	11-340	12 x 16 oz.
Sukhi's Small Garlic Naan	Traditional Indian flatbread, hand-stretched, flavored with garlic.	11-341	12 x 16 oz.
Sukhi's Large Potato Samosas	Crispy pockets filled with potato and peas, flavored with Indian spices	11-318	60 X 2.5 oz.

Sukhi's Medium Potato Samosas	Crispy pockets filled with potato and peas, flavored with Indian spices	11-343	120 X 1.6 oz.
Sukhi's Cocktail Potato Samosas	Crispy pockets filled with potato and peas, flavored with Indian spices.	11-317	120 X 1 oz.
Sukhi's Medium Chicken Samosas	Crispy pockets filled with ground chicken and peas, flavored with Indian spices.	11-319	120 X 1.6 oz.

Naanwiches, Roti-Rolls, Meals, & Chutney Dips

Introducing Sukhi's Indian to Go – a line of fast meal options along with deli tub versions of some of our favorite chutneys.

Item	Description	Item Code	Case Size
Sukhi's Chicken Tikka Masala Naanwich	Naan folded over, filled with chicken tikka masala and chutney.	33-547	8 x 8 oz.
Sukhi's Channa Masala Naanwich	Naan folded over, filled with channa masala and chutney.	33-155	8 x 8 oz.
Sukhi's Chicken Curry Naanwich	Naan folded over, filled with chicken curry and chutney.	33-346	8 x 8 oz.
Sukhi's Spinach and Tofu Naanwich	Naan folded over, filled with spinach, tofu, and chutney.	33-549	8 x 8 oz.
Sukhi's Chicken Kebab Naanwich	Naan folded over, filled with chicken kebab and chutney.	33-546	8 x 8 oz.
Matar Tofu and Dal (Lentils) with Basmati Rice	A pea and tofu entrée with basmati rice and lentils.	33-380	6 x 13 oz.
Palak Paneer and Dal (Lentils) with Basmati Rice	A spinach and Indian cheese entrée with basmati rice and lentils.	33-381	6 x 13 oz.
Chicken Tikka Masala and Dal (Lentils) with Basmati Rice	A chicken tikka masala entrée with basmati rice and lentils.	33-382	6 x 13 oz.
Chicken Curry and Dal (Lentils) with Basmati Rice	A chicken curry entrée with basmati rice and lentils.	33-383	6 x 13 oz.
Sukhi's Potato Samosas with Mint Chutney	Ten lightly spiced potato samosas with cilantro chutney.	33-521	8 x 8 oz.
Sukhi's Mixed Vegetable Roti Roll	Spiced mixed vegetables wrapped in a healthy wheat roti.	33-515	8 x 8 oz.
Sukhi's Chicken Curry Roti Roll	Chicken curry wrapped in a healthy wheat roti.	33-344	8 x 8 oz.
Sukhi's Cilantro-Lemon Chutney Dip	A zesty and vibrant chutney with great fusion applications.	33-315	8 x 8 oz.
Sukhi's Tomato Raisin Chutney Dip	A unique and flavorful chutney.	33-369	8 x 8 oz.
Sukhi's Mango-Ginger Chutney Dip	A sweet, authentic mango chutney.	33-368	8 x 8 oz.
Sukhi's Mint-Apple Chutney Dip	Fresh mint chutney.	33-342	8 x 8 oz.

Watch a two-minute video on how to cook with our products:

<http://sukhis.com/food-service/video.php>